

14th Annual NYSUT Professional Issues Forum on Health Care
April 16, 2016 – NYSUT Headquarters, Latham NY

WORKSHOP DESCRIPTIONS

WORKSHOP SESSION I
(9:45 AM – 11:00 AM)

1. Sepsis Awareness

Sepsis is common and often deadly. It remains the primary cause of death from infection, despite advances in modern medicine like vaccines, antibiotics, and intensive care. Critical to saving lives is early recognition and intervention. This session gives you the knowledge you need to act quickly when you suspect sepsis.

Target Audience: 2, 5

2. Stress Reduction: How to Take Care of Yourself When You Are the Caretaker

Caring for a loved one strains even the most resilient people and both emotional and physical caregiver stress is extremely common. This workshop identifies risk factors for and signs of caregiver stress and provides tools and resources for managing its impact.

Target Audience: 2, 3, 4, 5

3. Poverty's Impact on Community Health

This two-pronged workshop will provide an overview of the social determinants of health – the context in which we live our lives, and which shapes our ability to lead healthy, productive lives. We will then discuss specific risk factors for children living in poverty, and ways that educators and school-based professionals can help. Specific strategies for addressing problems related to poverty will be provided in order for participants to utilize these interventions in our schools.

Target Audience: 1, 3, 5

4. Labor-Management Skills

Sharing information in joint labor-management meetings can intercept conflict, lead to new ideas and foster cooperative worksite solutions. Learn why you should stay in regular communication and “at the table” with management in non-bargaining years. This workshop will explore ways to improve the labor-management relationship by creating and sustaining an effective, non-adversarial labor-management team.

Target Audience: 2, 3, 4, 5

5. Political Action and Advocacy in Health Care

Nurses are increasingly motivated to take on some form of an advocacy role in order to influence a change in policies, laws or regulations that govern the larger health care system. What skills are needed to ‘play the game’ in the legislative arena? This workshop describes the role of the nurse as health care policy advocate, identifies the power bases available to nurses and discusses strategies and talking points for effective action.

Target Audience: 2

WORKSHOP SESSION II
(11:00 AM – 12:15 PM)

6. Auditory Issues: The Changing Face of Technology

Recent developments in amplification technology, including hearing aids and cochlear implant processors, have made significant differences for our school-aged hearing-impaired and deaf students. How are these children currently supported in the school system and how do we ensure they get the therapy and technology they need to succeed? This session outlines current screening and testing guideline and best practices, including referral to EI and CPSE and discusses ways to support students’ social and emotional development so they can communicate their needs effectively with peers and adults.

Target Audience: 2, 3, 4, 5

7. Health Care as a Human Right

In the United States, we spend far more on health care than all other advanced countries in the world – yet we don't have a right to health care. Many of our loved ones and neighbors have problems accessing care, even with insurance, and millions have no insurance at all. What can we as union members and health-care professionals, do? This session will describe the situation, examine the human rights perspective on health care, and identify how we can get involved at the state as well as national level. Included will be a discussion of the strengths, weaknesses and challenges in the Affordable Care Act.

Target Audience: 2, 3, 4, 5

8. Health Issues and Disparities in the LGBT Community

The need for an LGBT wellness model requires specific attention from health care and public health professionals to address a number of disparities including: increased youth and transgender suicide and homelessness rates; lack of access to health insurance and culturally competent providers; social and legal oppression and discrimination. This session discusses the risks and barriers - physical, emotional and legal - to health and well-being in the LGBT community and explores efforts and supportive programs which enhance the health of LGBT individuals.

Target Audience: 2, 3, 4, 5

9. Time Management

This practical workshop covers proven time management skills including techniques for setting reasonable limits around unreasonable expectations and approaches to effective communication with students, patients, families and colleagues. Learn to manage the specific situations that health care professionals face, explore specific time savers, and reduce your stress in the process.

Target Audience: 2, 3, 4, 5

10. Anxiety, Depression and Self-Injury in Children and Adolescents

Co-occurring with other disorders including depression, anxiety, eating disorders or substance abuse, self-harming behavior often results from trauma and is not an uncommon way for children and adolescents to ease emotional distress. Health care professionals from all fields come in contact with and require resources to support and assist these students, patients or clients. This workshop covers evaluation and treatment techniques including coping mechanisms, triggers, positive modeling and methods of effective communication.

Target Audience: 2, 3, 4, 5,

WORKSHOP SESSION III

(1:45 PM – 3:00 PM)

11. Assessment and Treatment of School Based Feeding Disorders

This workshop introduces strategies for feeding and positioning students or patients with issues related to motor and sensory difficulties at mealtime. Topics include principles regarding proper positioning, oral motor issues, swallowing, effects of sensory processing on mealtime, self-feeding, and adaptive feeding equipment. Participants will also learn to perform a team-based comprehensive assessment and develop a team-based mealtime plan.

Target Audience: 2, 4, 5

12. Refugee and Immigrant Health Concerns

More than 20% of New York residents are immigrants and 14% have limited English proficiency. This session examines health policy and advocacy methods for these populations, including existing care and coverage options, and work to improve access to quality, culturally competent, and linguistically appropriate care.

Target Audience: 2, 3, 4, 5

13. Interdisciplinary Communication Skills

In today's competitive economy, effective communication skills - whether face-to-face or written - are more essential than ever before. This session will examine how to develop a responsive communication style, better equipping you to perform as a respected problem solver and effective team member or leader. Learn how to

communicate displeasure without offending and how to initiate conversations with persuasive confidence and enthusiasm.

Target Audience: 2, 3, 4, 5

14. Best Practices in the Delivery of Mental and Behavioral Health Services

Good mental health is critical to children's success in school and life, and schools are an ideal place to provide mental health services to children. This workshop identifies warning signs of early-onset mental illness in children and adolescents. Included is an examination of collaborative behavioral intervention programs and strategies, including youth "Mental Health First Aid" - a program designed to teach parents, family members, caregivers, teachers, school staff and human services workers how to help an adolescent who is experiencing a mental health or addictions challenge or crisis.

Target Audience: 1, 3, 4, 5

Target Audience:

1 – Nurses (school)

2 – Nurses (all)

3 – Mental Health Professionals

4 – OT/PT/Speech-Language Pathologists

5 – Higher Education Faculty and Professionals