Our mission is to prepare students to be competent, confident and caring in managing their personal, family and work lives.

- Not having breakfast can affect children's intellectual performance and grades.
- The average student in school today will have 5-10 different careers in their lifetime.
- The three leading causes of death are heart disease, cancer and stroke. All are related to food choices and diet.
- The US has more obese and overweight children and adolescents than any other industrialized country.
- 1 in 7 teens has a credit card and 18 year olds can get credit cards without parental permission. The average college student graduates with \$4.000 worth of credit card debt.
- Energy use and consumption are a global concern.
- Teens who become pregnant are more likely to live lives of poverty.
- Child abuse is a cycle that can be broken through education.
- By 2030 more than half of all U.S. adults will be over the age of 50
- Poor diet and inactivity cause at least 3000,000 deaths each year.

Students have a right to an education that not only includes academics, but the practical application of knowledge to the real world and the time to practice skills useful in their family and work lives. To those ends we offer the following courses:

#### Middle Level

Home & Career Skills (30 weeks required)

### High School

- Career & Financial Management
- Careers in Human Services
- Child Development
- Commercial Foods
- Culture & Foods
- Entrepreneurship
- Family Dynamics
- Foods & Nutrition
- Food Science (may be used for 3<sup>rd</sup> science credit)
- Gerontology
- Housing & Environment (may be used for an art credit)
- Human Development
- Independent Living
- Nutrition, Health & Fitness
- Parenting (Required)



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New York State United Teachers

www.nvsut.org

www.nyspta.org

**New York State** 

NYSUT Subject Area Committee for Health Education, Physical Education, and Family & Consumer Sciences NYSUT Research and Educational Services 800 Troy-Schenectady Road Latham, New York 12110-2455 518-213-6000 ext. 6642

Guide to New York State Learning Standards in:

> Family and Consumer **Sciences**



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# **Active Learning for the Real World!**

## Learning Standards for Health, Physical Education and Family & Consumer Sciences in New York State:

- 1. Students will have the necessary knowledge and skills to maintain personal health & fitness.
- 2. Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.
- 3. Students will understand and be able to manage their personal and community resources.

### Career Development & Occupational Studies

- 1. Students will be knowledgeable about the world of work, explore career options and relate personal skills, aptitudes and abilities to future career decisions.
- 2. Students will demonstrate how academic knowledge and skills are applied in the workplace and other settings.
- 3. Students will demonstrate mastery of the foundation skills and competencies essential for success in the workplace.



Child Development Communication Family Dynamics Parenting Problem Solving Nutrition Safety Skills Applied Math Goal Setting Following Directions Consumer Skills Meal Planning Time & Resource Management





Career Exploration Job Skills Diet Analysis Money Management Housing & Design Entrepreneurship



Decision Making Family Relationships Housing Needs Energy Conservation Independent Living Skills