

13th Annual NYSUT Professional Issues Forum on Health Care

April 18, 2015 – Desmond Hotel, Albany NY

WORKSHOP DESCRIPTIONS

WORKSHOP SESSION I

(10:00 AM – 11:30 AM)

1. **Mental Health Issues in the School Setting – Part 1**

Good mental health is critical to children's success in school and life, and schools are an ideal place to provide mental health services to children. This two-part workshop begins by identifying warning signs of early-onset mental illness in children and adolescents. Included is an examination of collaborative behavioral intervention programs and strategies to be put into place in the classroom and school-wide, including youth "Mental Health First Aid" - a program designed to teach parents, family members, caregivers, teachers, school staff and human services workers how to help an adolescent who is experiencing a mental health or addictions challenge or is in crisis. *Note: This session continues in workshop #7.*

Target Audience: 1, 3, 4, 5

2. **Affordable Care Act: Update for Nurses**

Implementation of the Affordable Care Act (ACA) presents new opportunities for nurses to be a part of a larger health care system focused on increased access to primary care, improved care coordination and an emphasis on prevention and wellness. This workshop provides an update on the shifting roles and opportunities for nurses under the ACA's regulation overhauls.

Target Audience: 2, 5

3. **Standing Up to Workplace Bullying**

This fast-paced workshop is focused on creating real workplace change. Learn to confidently handle even the most difficult workplace bullying situations. Included will be how to recognize, stop and prevent disruptive behaviors that create hostile work environments. Participants will acquire the skills to make immediate changes while building a stronger sense of community, enhancing communication and protecting union members' rights.

Target Audience: 2, 3, 4, 5

4. **Safe Patient Handling**

Work related injuries are common in nurses and are often caused by manually lifting and moving patients; often these injuries are life altering and career ending. This workshop provides the latest updates after last year's passage of the Safe Patient Handling Bill in New York. Also included will be the actions and policies NYSUT supports that will result in the elimination of manual patient handling.

Target Audience: 2, 5

5. **Co-Management of the Medically Complex Patient – Part 1**

This three-hour program focuses on the medical and dental management of patients with diabetes, cancer, HIV and Hepatitis B & C. Presented by a medical and dental team, the workshop discusses approaches to diagnosing and managing the patient, and emphasizes the value of collaboration to optimize patient outcomes.

Note: This session continues in workshop #11.

Target Audience: 2, 3, 4, 5

6. **Cultural Competence**

To provide culturally competent care, health care providers must be aware of and understand culturally influenced health behaviors. This cultural awareness improves the quality of care by eliminating barriers and can greatly influence health outcomes. This session explores essential elements of cultural competency; discusses the challenges of implementing a culturally competent program; and offers practical information designed to help health care providers communicate effectively in order to recognize the student, patient or client's individuality.

Target Audience: 2, 3, 4, 5

WORKSHOP SESSION II
(11:30 AM – 1:00 PM)

7. Mental Health Issues in the School Setting – Part 2

This session is a continuation of workshop #1.

8. Stress with a Twist – Part 1

For many people, stress is so commonplace that it has become a way of life. This two-part session will dramatically change the way you look at, and manage stress. Sing, dance, laugh and work it all out in this highly acclaimed, highly interactive stress management workshop. Learn why taking care of yourself is a critical part of managing the stress in your life. *Note: This session continues in workshop #13.*

Target Audience: 2, 3, 4, 5

9. Case Management

Case managers come from many of the healthcare professions (including RNs, social workers, physical therapists) and work to ensure more positive outcomes for individual patients' healthcare needs by providing a variety of services to help individuals and families cope most effectively with complicated health situations and service systems. This workshop identifies the fundamentals of case management, including core functions, and explores the role and impact of the case manager on various aspects of home and hospital care.

Target Audience: 2, 3, 4, 5

10. Human Trafficking of Children: Resources for Health Care Professionals – Part 1

Human trafficking is not just a problem in other countries; it has been reported in all 50 states of the U.S., with children particularly vulnerable to exploitation. Because many trafficking victims have abuse and neglect histories, health care professionals are often the first to come in contact with both victims and at-risk children. This workshop explains the elements of human trafficking; describes the indicators that school and hospital staff can use to identify trafficking victims; reviews a child trafficking case study; and provides legal and victims services resources. *Note: This session continues in workshop #15.*

Target Audience: 2, 3, 4, 5

11. Co-Management of the Medically Complex Patient – Part 2

This session is a continuation of workshop #5.

12. Health Care as a Human Right: What Do We Mean and How Can We Get There?

In 1966, Dr. Martin Luther King, Jr. said, "Of all the forms of inequality, injustice in health care is the most shocking and inhumane." 49 years later, health care is still not seen as a human right in the United States, although most Americans think it should be. This panel discussion will examine why we need "health care as a human right", and what health professionals and union members can do about it nationally, statewide and locally.

Target Audience: 2, 3, 4, 5

WORKSHOP SESSION III
(2:30 PM – 4:00 PM)

13. Stress with a Twist – Part 2

This session is a continuation of workshop #8.

14. Autism Update: Practical Skills for Providers

This session examines effective interventions for students with Autism Spectrum Disorder, discussing three evidence-based interventions: naturalistic, self-modeling and self-management. Participants will learn essential components of each intervention, view examples of how to utilize each intervention and become familiar with efficient means of evaluating their effectiveness.

Target Audience: 1, 3, 4, 5

15. Human Trafficking of Children: Resources for Health Care Professionals – Part 2

This session is a continuation of workshop #10.

16. Using Therapy Dogs in Your Practice

Medical science shows that interaction with a therapy dog can reduce blood pressure; promote physical healing; reduce anxiety, fatigue and depression; and provide emotional support. Therapy dogs work with disabled or autistic children in the school setting, and in hospitals may visit patients in pediatrics, oncology or hospice centers. Often they visit emergency rooms because of the calming effect on patients, nurses, doctors and staff members working in a high-stress environment. This session, presented by a social worker and a school psychologist, explores the positive outcomes of including a therapy dog in your practice. Included will be information on available grants to begin a school-based program.

Target Audience: 2, 3, 4, 5

17. Helping Kids Cope: Childhood Anxiety, Depression and Self-Injury

Co-occurring with other disorders including depression, anxiety, eating disorders or substance abuse, self-harming behavior often results from trauma and is not an uncommon way for children and adolescents to ease emotional distress. Health care professionals from all fields come in contact with and require resources to support and assist these students, patients or clients. This workshop covers evaluation and treatment techniques including coping mechanisms, triggers, positive modeling and methods of effective communication.

Target Audience: 2, 3, 4, 5,

18. The Medically Fragile Child

The increasing population of children with multiple disabilities and medical complexities continues to challenge each health care profession, and care coordination services are critical to these children and their families. This workshop discusses complex medical needs, interventions and technologies such as tube feeding, IV lines, catheterization, ostomy appliances, dialysis, and respiratory devices. Also included will be contraindications, recognition of medical problems requiring referral, monitoring and equipment planning.

Target Audience: 2, 3, 4, 5

Target Audience:

1 – Nurses (school)

2 – Nurses (all)

3 – Mental Health Professionals

4 – OT/PT/Speech-Language Pathologists

5 – Higher Education Faculty and Professionals