## What can NYSUT Social Services do for you?

Our staff has a broad scope of knowledge and extensive referral resources. We can provide supportive phone counsultation and in many cases, make referrals as needed.

Your life is complicated, busy and full. Situations arise for all of us and our families that add stress to our lives. We're here to help you manage these situations effectively and relieve some of that stress. We do the research to find the information or the service in your community that can make the difference to you and your family.

### Contact NYSUT Social Services



Staff may be reached at 800-342-9810, ext. 6206



Our email address is socsvcs@nysutmail.org

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# NYSUT

# Social Services

Making life better for NYSUT's members and their families



A HELPING HAND FOR LIFE

800-342-9810, ext. 6206

All contacts will remain confidential. We look forward to hearing from you.

### Dear Colleague,



NYSUT Social Services is a benefit for all members, in-service and retired, and their families.

Our goal is to provide

confidential and comprehensive referral

and resource information to help you to improve the quality of your life. Our professional staff will assist you with a broad range of questions and requests.

All of your contacts and resulting services from NYSUT Social Services are completely confidential. This benefit from the union is always free of charge to you and your families. So, if you think you might need to use our services, don't hesitate to give us a call.

In solidarity,

Paul Pecorale Vice President

A helping hand for life

# Working with agencies and providers in your community, we can help you:

- Find support groups or mental health services to fit your needs.
- Locate specialized services for persons with disabilities.
- Find help for marital and relationship problems or child-rearing concerns.
- Referral for substance abuse treatment (in-patient and out-patient).
- On-going consultations during a personal crisis to explore options.
- Manage hospitalizations, planned or unexpected.
- Connect with services for the aging and provide guidance in caregiving.

### **Areas of support**

#### **Elder Care & Housing**

Adult day care programs

Caregiving issues

Geriatric care managers

Homebound meals

Home Care agencies

Personal Response systems

Respite care

Senior centers/activites

Assisted living options

Housing advocacy groups

Nursing home information

Retirement living (active and independant)

#### **Health Issues**

Advocacy with health insurances

Disabilities and Social Security Disability

Health insurance entitlements (Medicare and Medicaid)

Health insurance options when unemployed

Hospice

Hospital stays and discharge planning

Long term care insurance and understanding coverage

#### Psychotherapy referrals

Crisis intervention

**Employee Assistance Programs** 

Mental health services (in-patient and out-patient)

Private psychotherapists

Support groups

#### Other services

Debt counseling programs Member Benefits referrals

