

Know the curve: Signs of Scoliosis

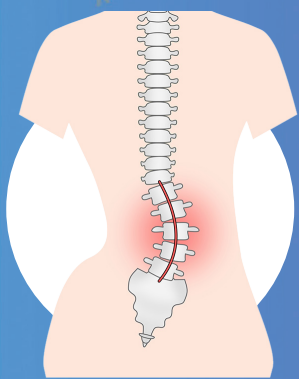
Many cases are mild and develop gradually, so it's important to watch for the following signs:



Uneven shoulders
– One shoulder may appear high than the other.



Prominent shoulder blade – Especially when bending forward.



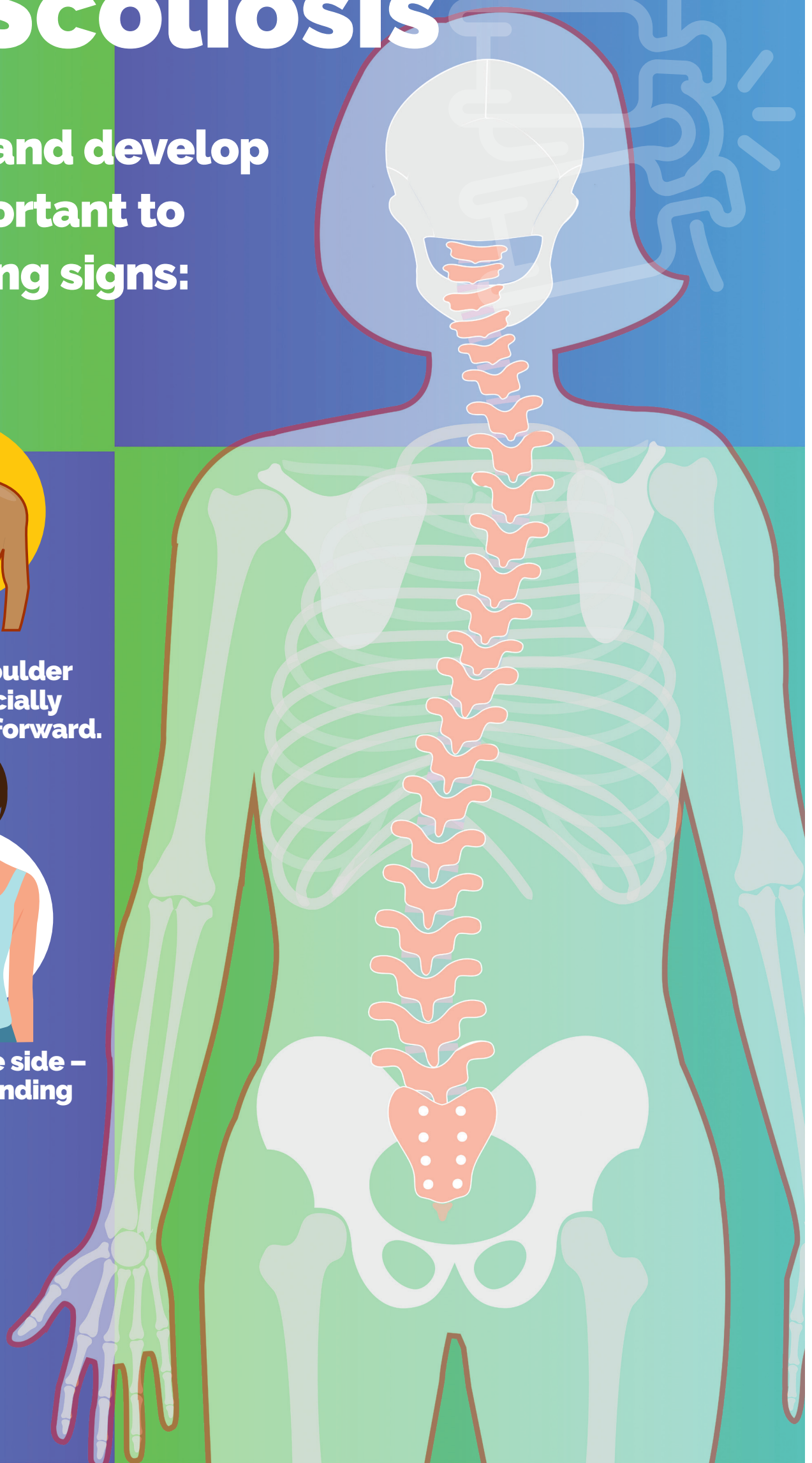
Uneven waist or hips – One hip may stick out more.



Leaning to one side – Even when standing straight.



Clothes not hanging evenly – Shirts or pants may seem off-kilter.



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