



Empowering Women: Advancing Health Across Every Stage of Life

Thursday, May 21st, 1:00pm-2:30pm at Albany Guardian Society



PRESENTER
Brittany Miske, RN,
AGNP-BC, MBA

Objectives:

- * Recognize atypical signs of stroke and myocardial infarction that commonly present in women.
- * Explain common risk factors associated with breast cancer.
- * Describe common causes of bladder leaks and recurrent UTIs and identify supportive interventions
- * Recognize how hormonal changes, life transitions, professional pressures, and social stressors may influence women's mental well-being.
- * Identify lifestyle and biological factors that increase susceptibility to bone loss in women.
- * Summarize the purpose and frequency of cervical cancer and breast cancer screenings.



Scan the QR to register

**CECs
Available!**



Contact Amanda Duff, PhD, Executive Director | PH: 518-486-8407 | aduff@healthycapitaldistrict.org

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