Many people find themselves at a loss when health insurance is discontinued or becomes unaffordable as a result of job loss, relocation, or financial hardship.

The following is a listing of some of the New York State sponsored plans for individuals, families, and businesses. Each has distinct eligibility requirements and costs, so you should check out the websites provided. You may contact the staff at Social Services for further questions and clarification.

**Child Health Plus**


New York State has a health insurance plan for kids, called Child Health Plus. Depending on your family's income, your child may be eligible to join either Children's Medicaid or Child Health Plus. Both Children's Medicaid and Child Health Plus are available through dozens of providers throughout the state.

Call this toll-free number: 1-800-698-4KIDS (1-800-698-4543), and ask about Child Health Plus and Children's Medicaid. If you are hearing impaired call the TTY number, 1-877-898-5849.


**NYSHIP Empire Plan**

Website: [www.cs.ny.gov/nyship/nyship.cfm](http://www.cs.ny.gov/nyship/nyship.cfm)

If you are enrolled in the NYSHIP Empire Plan and have a question about your coverage, access:

New York State Health Insurance Program (NYSHIP) at [www.cs.ny.gov/nyship/nyship.cfm](http://www.cs.ny.gov/nyship/nyship.cfm)

For links regarding other health plans, please contact your employer's human resource department.