Western N.Y. NEWs January 2026 December 2025January 2026

Reaching out to Retirees in Western New York Retiree Council 3—We are over 6,300 strong



NYSUT Retirees of WNY Officers RC 3

President and Coalition 1st Vice President

Veronica Cavan 716-691-5190

Vice President Vacant

Secretary/Treasurer

David D'Amato 716-812-4961

Delegate Alternate

MaryLou Mancuso 716-432-7414

Coalition President

Lynn Mele 716-632-2975

Coalition 2nd Vice President

Eva Mroczka 716-533-8750

Coalition Recording Secretary

Liz Dolce 716-662-2363

Coalition Corresponding Secretary

Kathy Stewart 716-998-4484

Coalition Co-Treasurers

Ed Haley 716-636-1827 Mark Shanahan 716-912-2887

Newsletter Editor

Gloria LaSota 716-998-0657

NYSUT Retiree Services Consultant

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Janet Goddard 716-634-7132

janet.goddard@nysut.org

From the President's Desk by Veronica Cavan

Happy Holidays to you, our RC 3 NYSUT retirees, and to your families. RC 3 is made up of retirees from school districts throughout Niagara, Orleans, Genesee and parts of Wyoming County. The newsletter connects us with NYSUT retirees all over New York State. It provides information on member benefits, upcoming events, opportunities to take action on a variety of issues to support education and much more.

If you would like to become more involved with NYSUT, we are in need of a few more board members. The board is a coalition of RC 1, 2, 3 and 44 (Buffalo) and meets generally on the second Monday of the month at 10:30 AM at the NYSUT office, 270 Essjay Rd. in Williamsville. Please consider joining us and enjoy some time with fellow retirees as we work toward supporting active teachers with activities such as a grant program, and fight for things important to all retirees such as increasing our pension COLA benefits.

If you are interested in becoming a board member or have any questions, please contact me at *veronicacavan@yahoo.com* or call 716-691-5190.

Have a great year ahead! Veronica Cavan, President RC3



A Message from Our Coalition President, Lynn Mele

Dear Retirees,

Best wishes for a Happy and Healthy 2026! The holiday season and winter have arrived. One of the perks of retirement is that if the weather is really bad we don't have to go to work! Take some time to relax and recharge. Spring will be here before you know it!



NYSUT is continuing efforts to *Fix Tier 6*. There is a rally planned in Albany on March 8 and a bus will be provided by NYSUT from Buffalo to Albany on that day. (https://fixtier6.org/events) Join us! Please check our Website and or Facebook page for up-to-date information. The Committee of 100 will be meeting with legislators in Albany on March 9 and 10 to advocate for educational programs, pensions reform, and a better COLA. As always...be well, stay safe.

Yours in Solidarity, Lynn Mele



For up-to-date information on RC's 1, 2 & 3, visit our website http://rcwest.ny.aft.org

SCAN the QR CODE to be taken to our FacebookPage!

Make a friend request; we are a private group.



CALL FOR NOMINATIONS

Nominations are being accepted for officers/delegates (each officer is also a delegate per the RC constitution) and two alternates. Nominations shall be for the office of President, Vice President, Secretary /Treasurer, and two Alternates. All offices are for a three-year term beginning September 1, 2026.

Nominations must be signed by a retired NYSUT member from the nominee's Retiree Council (referred to as nominator) and by that nominee. The nominee may include a supporting statement of not more than 100 words.

Nominations should be mailed or hand delivered to the NYSUT Office. Send to RC Elections, NYSUT Office, 270 Essjay Road, Williamsville, NY 14221, c/o Janet Goddard. Nominations must be received at the NYSUT office by 12 PM on January 30, 2026. It is suggested that any mailed nominations have a return receipt request.

RETIREE COUNCIL OFFICER NOMINATION

I Hereby Nominate		
Retiree Council #	(fill in if you know your RC, otherwise we will fill it in)	
Position (Check One) _	President Vice President	Secretary/Treasurer
_	Delegate/Alternate to NYSUT RA & AFT Conventions	
ame Signature		
District the Nominee Reti	red from	
•	n: I hereby accept the nomination as designated.	
Signature		
District the NOMINEE Ret	ired from	
	If desired, you can send a SHORT profile of the non	
you'	Il be able to enjoy some delicious bites and soothing bo More information will follow in our next news	G
	MINI-GRANT DONATION FORM FOR 202	<u> </u>
our "Share the Wealth" dra a total of \$7,000. Informat active teachers to see if th donating to this worthwhil	vards mini-grants up to \$500 to in-service teachers to supplement spawings and retiree donations. This past year we were able to awartion on our mini-grants has been sent to the Union Presidents of eacey have been informed of this opportunity to apply. Our mini-grants le activity.	d five more mini-grants to local teachers for ch district in our Coalition. Check with your shelp make a difference! Please consider
ADDRESS		
E-MAIL		
	DONATION AMOUNT \$	
Please send your donation	payable to: NYSUT Retirees of WNY and mail to:	
,	ATTN: Mark Shanahan	
	270 Essjay Road	
	Williamsville, NY 14221	

WNYRC IN COOPERATION WITH AAA HORIZON CLUB TOURS

Presents

THE SPIRITS AND SPIRITS TOUR WEDNEDAY, JUNE 24, 2026

\$149 per person

includes general admission costs, lunch and driver gratuity based on a minimum of 30 passengers.

After pickups at the AAA Amherst Branch, 100 International Drive (8:30 AM), and the AAA Orchard Park Branch, 3775 Amelia Drive (9:00 AM), we will depart for *LILY DALE*. Lily Dale was incorporated in 1879 as a camp and meeting place for Spiritualists and Freethinkers. The purpose of Lily Dale is to further the science, philosophy, and religion of Spiritualism. You can visit on your own to the available events, or schedule a private reading at an additional cost.

After our visit to Lily Dale, we will depart for a buffet lunch at the *WHITE INN* in Fredonia which will include Caesar and Mediterranean salads, handheld sandwiches (chicken salad on mini croissants, mini roast beef on weck, veggie wrap) and pasta salad. Dessert will be mini lemon cakes and mini chocolate cakes. Coffee or tea is included.

Our next stop will be *21 BRIX WINERY* for tasting and shopping. This is a third-generation family farm, Olde Chautauqua Farms which has been growing grapes since the 1950s and has been making award-winning wines with these grapes since opening in 2011. There are currently eighteen varieties of grapes grown on the farm including Riesling, Chardonnay, Cabernet, Sauvignon, Concord, and Vidal.

FOR MORE INDORMATION, PLEASE CONTACT FRANK MARCHESE (716) 698-8434

REGISTRATION – DEADLINE MAY 18, 2026			
Name			
Address			
Home Phone	Cell Phone		
Email			
Please mail your check payable to "WNYRC" and registration slip to: WNYRC, 270 Essjay Road, Williamsville, NY 14221. Deadline is May 18, 2026			
PARTICIPATION FEE FORM (2025-2026)			
If you have not already sent in your Participation Fee Form, we urge you to support our Retiree Councils by sending in your \$10 participation fee and by encouraging others to support the work we do for all of us. Thank you.			
Name	District you retired from		
Street Address	Year of Retirement		
CityState _	Zip		
Phone Email			
Make your \$10 contribution payable to: NYSUT Retirees of WNY.			

Mail this form to: Eva Mroczka, c/o NYSUT Retirees of WNY, 270 Essjay Rd., Williamsville, NY 14221

PACK YOUR BAGS AND SAVE!



Do the colder temperatures have you longing for a little getaway?

NYSUT Member Benefits endorses several programs that can help with all your travel plans, including MB Discounts & Deals, Grand Circle Travel & Overseas Adventure Travel, and Purchasing Power.

MB Discounts & Deals offers NYSUT members exclusive access to savings at over 850,000 popular hotels and resorts worldwide along with flights, vehicle rentals, theme parks and attractions, Broadway shows and museums, sporting events and concerts, movie tickets, ski tickets, restaurant dine-in or take-out, and so much more. If you have not already done so, you can create an account at mbdeals.enjoymydeals.com with a preferred email address, a password, and your seven-digit NYSUT SCAN ME

Does your bucket list include taking an unforgettable excursion to Asia, the South Pacific, Mediterranean, Africa, Europe, or numerous other destinations? NYSUT members save at least \$150 per person on published

Grand Circle Travel & Overseas Adventure Travel tours along with the opportunity to save thousands per trip with additional discounts and savings. GCT & OAT provide the chance to become fully immersed in the culture of the region you are visiting, including lesser-known locations that most Americans never get to experience. Discovery opportunities, activities, and educational discussions are included with each trip.

With **Purchasing Power**, eligible NYSUT members can package their entire vacation together – including hotels, flights, attractions, vacation rentals, and cruises – while paying over 12 months through payroll deduction or Automated Clearing House (ACH) withdrawals. Purchasing Power is not a discount program, but offers no credit check and no down payments; it serves as

an option over traditional financing options like high-interest credit cards.

Explore all that is available to you from Member Benefits by scanning the QR code, visiting *mb-nysut.org/travelmb*, or calling 800-626-8101.

