WORKSHOP DESCRIPTIONS

WORKSHOP SESSION I
(8:30 AM – 10:00 AM)

1. **Stop the Bleed**
The Stop the Bleed workshop is designed to teach both health care providers and laypersons how to recognize and control life-threatening hemorrhage until the arrival of traditional first responders. This workshop will discuss techniques to control bleeding by performing external hemorrhage control with their hands or equipment.
   Target Audience: 1, 2, 3, 4, 5

2. **Social Media and Mental Health**
Research is just beginning to focus on measurable changes generated in the brain from digital technology; there is already considerable data on the impact of social behaviors, relationships and self-esteem. In this presentation, participants will hear an update on social media, and some strategies for effective discussions with adolescents who are immersed in them.
   Target Audience: 1, 2, 3, 4

3. **Supporting Students Recovering from Concussion: Return to Learn**
This presentation will allow any person involved in education to gain an understanding of the struggles a student may face after sustaining a concussion. The presentation serves three main purposes. First, attendees will learn about the science of concussions including the possible symptoms, recovery time frames and some barriers that could prolong symptoms. Second, the presentation will provide information about constructing a return to learn policy. Examples of forms and protocols will be provided. Finally, concrete examples of adjustments and accommodations that can be made in the classroom to help concussed students return to learning are covered so attendees can guide educators in their schools on how to best help their students.
   Target Audience: 1, 2, 3, 4

4. **Identifying Victims of Human Trafficking**
This presentation will teach nurses about the potential indicators of and discuss the nurses role in identifying potential victims of Human Trafficking.
   Target Audience: 1, 2

WORKSHOP SESSION II
(10:15 AM – 11:45 AM)

5. **Cannabis Culture**
What do we know about the impact of marijuana on the brain? How do factors like music, legal status, online sites, late night talk show comedy, and the roll-out of new products contribute to the reduction in perceived risk of marijuana use? This program will explore new research on the neurochemical mechanisms involved in marijuana intoxication and the impact of culture change on marijuana’s popularity with adolescents and young adults. Participants will also learn about advances in agriculture and synthetics, which have created new strains of marijuana; new routes of administration like vaporization, dabbing and edibles; and the risks involved in combining marijuana with other street drugs, prescription and over-the-counter medications and alcohol.
   Target Audience: 1, 2, 3, 4, 5

6. **Active Shooter**
Gun violence can occur in every type of workplace. The threat of an active shooter is still a strong concern in the larger issue of workplace violence. In this workshop, participants will: understand the importance of pre-crisis planning for active shooter response in any workplace; learn “active shooting crisis phase” skills; differentiate situational awareness skills in all five phases; and understand the importance of post crisis response and planning.

Target Audience: 1, 2, 3, 4, 5

7. Is that Evidence-Based Program Right for Me?
In a time where Evidence-Based Programs (EBPs) are considered the gold standard for programming, being able to identify which EBPs are appropriate is key to successful implementation and fidelity. When administration or a colleague says, “Let’s try this approach/program,” how do you know if it’s really evidence-based and fits your student population and available supports? This workshop is to discuss how to evaluate a program for its applicability to programming within an educational program.

Target Audience: 2, 3, 4

8. Transgender Awareness and Inclusion
Over the past few years, the number of our transgender, non-binary and gender expansive students in our schools has greatly increased. Frequently teachers, coaches, nurses and school staff feel unprepared to work respectfully with transgender students and to create spaces that are safe and inclusive. This interactive workshop will also include information on: understanding transgender identities, respectfully communicating with transgender individuals, discussing the risks and barriers – physical, emotional and legal – to health and well-being in the LGBT community and exploring efforts and supportive programs which enhance the health of LGBT individuals.

Target Audience: 1, 2, 3, 4, 5

WORKSHOP SESSION III
(1:00 PM – 2:30 PM)

Tick and mosquito-borne diseases are a significant public health concern. Geographic expansion of mosquito and tick vectors and discovery of new disease-causing agents highlights the growing threat. Global warming and globalization have served as drivers of emergence and resurgence of many diseases such as Zika and Chikungunya and uptick in diseases such as Lyme disease. The workshop will provide an overview of tick and mosquito-borne diseases in New York; climate change and anthropogenic behaviors as drivers of the emergence of tick and mosquito-borne diseases; research updates on prevention and control of tick-borne diseases; and community-engaged (citizen science) tick and tick-borne disease surveillance in New York.

Target Audience: 1, 2, 3, 4, 5

10. The Vicarious Trauma Toolkit for Health Care Professionals
Vicarious traumatization, also called “compassion fatigue” or “secondary traumatic stress,” is an occupational challenge for health care, school mental health and allied professionals that effect workers both professionally and personally. The growing awareness about the effects of working with traumatized children and adults needs to be acknowledged and addressed. Self-care is an important component for longevity in this work and we will explore the responsibility of organizations to take accountability for employee health through an introduction to the evidence-based Vicarious Trauma Toolkit (VTT). This toolkit focuses on what policies and procedures organizations can offer to reduce the negative effects of work-related trauma exposure. Learn how to use the toolkit and why unions can and should be advocating for employers to address the vicarious trauma needs of employees.

Target Audience: 2, 3, 4, 5

11. Protecting Your Nursing License
This workshop will be a discussion of the law regarding licensing and issues related to defending against an Office of Professional Discipline action.

Target Audience:  1, 2

12. Refugee and Immigrant Health Concerns
More than 20% of New York residents are immigrants and 14% have limited English proficiency. This session examines health policy and advocacy methods of these populations, including existing care and coverage options and work to improve access to quality, culturally competent and linguistically appropriate care.

Target Audience:  2, 3, 4, 5

Target Audience:
1 – Nurses (school)
2 – Nurses (all)
3 – Mental Health Professionals
4 – OT/PT/Speech-Language Pathologists
5 – Higher Education Faculty and Professionals