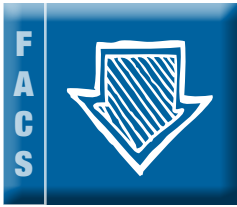


life choices



**Family activities that help children make good life choices:**

- Write a grocery list and shop together.
- Prepare a healthy meal.
- Create a family budget to model money management.
- Attend community multi-cultural activities.
- Participate in a Take Your Child to Work Day.
- Foster responsibility by including your child in household chores.

For more information on FACS programming visit [www.nysed.gov](http://www.nysed.gov)



**FACS is a progressive program connecting core subject knowledge with real-world application, preparing students for lifelong success through the 21st Century Learning skills:**

*Collaboration  
Creativity  
Critical Thinking  
Communication*

**New York State United Teachers**  
800 Troy-Schenectady Road  
Latham, NY 12110-2455  
518-213-6000 • 800-342-9810  
Affiliated with AFT / NEA / AFL-CIO



**A Family Guide to New York State Learning Standards in:**

**Family and Consumer Sciences**



*“Family & Consumer Sciences Education empowers individuals and families across the life span to manage the challenges of living and working in a diverse global society.”*

(nysed.gov)





# Preparing Students with 21<sup>st</sup> Century Skills

## NYS Learning Standards for Health Education, Physical Education and Family and Consumer Sciences

1. Students will have the necessary knowledge and skills to maintain personal health and fitness.
2. Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.
3. Students will understand and be able to manage their personal and community resources.

## NYS Learning Standards for Career Development & Occupational Studies.

1. Students will be knowledgeable about the world of work, explore career options and relate personal skills, aptitudes and abilities to future career decisions.
2. Students will demonstrate how academic knowledge and skills are applied in the workplace and other settings.
3. Students will demonstrate mastery of the foundation skills and competencies essential for success in the workplace.

### Intermediate Level- Grades 5-8

- Home and Career Skills

### Commencement Level-Grades 9-12 Core

- Lifespan Studies Core
- Food and Nutrition Core
- Clothing and Textiles Core
- Housing and Environment Core

### Human Service and Family Studies

- Child Development and Psychology
- Parenting
- Early Childhood Education
- Adolescent Psychology
- Gerontology
- Careers in Human Services

### Foods and Nutrition

- Food Science
- Food Preparation and Nutrition
- Nutrition, Health, and Fitness
- Global and Gourmet Foods
- Commercial Food Program

### Textiles and Design

- The Fashion Industry
- Interior Design
- Home Furnishings
- Clothing Production

### Cross Cluster

- Independent Living
- Entrepreneurship



[www.nysafcse.org](http://www.nysafcse.org)

*“Family and Consumer Sciences education in New York State is delivered through a variety of courses designed to promote student attainment of the intermediate and commencement level New York State Learning Standards for Family and Consumer Sciences (FACS) and Career Development and Occupational Studies (CDOS).”*

