Stop Bullying!

Bullying is not acceptable

Everyone deserves respect
Don’t ignore bullying, tell an adult
Show support to those who need it
Don’t let peer pressure force bad decisions
Give everyone a chance to participate
Encourage positive bystander interaction
Show you understand and care
Be aware of the signs of bullying
Be safe on the Internet and social networks
Think twice before you post something online
Don’t get involved in cyber-bullying

See a Bully, Stop a Bully

Check out this interactive game with tips and resources to help stop cyber-bullying: www.cyberbullying.com

I Pledge:
to not bully other kids
to speak out and try to help when I see kids being bullied
to tell an adult when I witness bullying
to include ALL kids in group activities
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Teachers and Parents

Work together, engage youth and community
Create a safe environment, with rules of conduct
Establish a culture of respect, treat others fairly
Identify the early warning signs and behaviors
Respond quickly, consistently and sensitively
Find out what happened, and who was involved
Talk with — and listen to — kids who were affected
Know your child’s friends, and where they go
Be aware of what your kids are doing online
Establish rules about what’s acceptable
Encourage kids to think about what they post online

Be a positive role model

Here’s a great resource for deciphering “chat acronyms” and “text message shorthand:”
www.netlingo.com